

COMPETING SCHOOLS

Boronia Park (BP)  Meadowbank (MB) 

Denistone East (DE)  Melrose Park (MP) 
2015, 2017 Champion School



Eastwood (EA)  North Ryde (NR) 

Eastwood Heights (EH)  Putney (PU) 
2016 Boys Champion School 2015, 2016 Girls Champion School

Ermington (ER)  Ryde (RY) 
2017 Girls Champion School

Gladesville (GL)  Ryde East (RE) 

Hunters Hill (HH)  Truscott Street (TS) 
2016 Champion School 2015 Boys Champion School

Kent Road (KR)  West Ryde (WR) 

ALL SCHOOLS ARE TO LEAVE THEIR AREAS CLEAN

RYDE ZONE

PRIMARY SCHOOLS SPORTS ASSOCIATION



ATHLETICS CARNIVAL

Tuesday, 21st August 2018

Sydney Olympic Park Athletics Arena

PRESIDENT: Ms Vanessa Roach (Meadowbank)

VICE PRESIDENT: Mrs Michelle Brooks (Putney)
Mr Ben Harrison (Kent Road)

TREASURER: Mr Joshua Smyth (Boronia Park)

SECRETARY: Mr Ben Monaghan (Hunters Hill)

All athletes are reminded to warm up prior to their events.

ORDER OF EVENTS

Commencing 9:15AM Tuesday 21st August, 2018

Commencing at 9:15am

12/13 yr	High Jump	Boys	and	Girls
11 yr	Long Jump	Boys	and	Girls
Junior	Shot Put	Boys	and	Girls
12/13 yr	Discus	Boys	and	Girls

Commencing no earlier than 10:45am

Junior	Long Jump	Boys	and	Girls
12/13 yr	Shot Put	Boys	and	Girls
11 yr	High Jump	Boys	and	Girls
11 yr	Discus	Boys	and	Girls

Commencing no earlier than 12:30pm

Junior	High Jump	Boys	and	Girls
Junior	Discus	Boys	and	Girls
12/13 yr	Long Jump	Boys	and	Girls
11yrs	Shot Put	Boys	and	Girls

Track events run at same time as field events.

Order of events subject to change at the discretion of the referee.

LANE ALLOCATIONS

There are no lanes allocated to specific schools in the 200m, 100m, 800m and relays.

Competitors will be given their pre-determined lane allocation at marshalling.

A 'pack start' may be used for 800m races (at the discretion of the chief marshal, carnival convener or carnival referee.)

RULES:

Only competitors and officials are permitted on the track/field.

Progression to finals will be on fastest times recorded from heats for all track events.

Spikes may be worn in jumps and in all track events except 800m (tartan/mondo spikes, 7 mm maximum). Shoes must be worn by all competitors.

800m will be timed finals– no separate final will be run.

Starting Blocks as supplied by SOPAC are optional for 100m, 200m and relays.

The referee retains the right to alter the order of events at his/her discretion.

Competitors in field events except high jump shall have 3 trials. These trials may be consecutive in shot put and discus, at the discretion of the chief judge.

Starting heights for High Jump

Junior Boys	1.00m	Junior Girls	0.90m
11 yr Boys	1.05m	11 yr Girls	0.95m
Senior Boys	1.10m	Senior Girls	1.00m

Shot Put

Junior & 11yrs	2 kg	Senior	3 kg
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Discus

Junior	500 g	11yrs & Senior	750 g
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Protests

ALL protests MUST be submitted IN WRITING by the school's delegated Team Manager within 10 minutes of the results of the event being posted and handed to the Carnival Referee and resolved through the Disputes Committee (Carnival Referee, Zone President or delegate, Chief Judge.)

NO PARENTS ARE PERMITTED ON THE TRACK.
NO PHOTOGRAPHERS ARE PERMITTED ON THE TRACK

PLEASE NOTE:

- 1. FASTEST 8 COMPETITORS FROM THE HEATS (or those recorded) PROGRESS TO THE 200M FINALS
- 2. FASTEST 8 COMPETITORS FROM THE HEATS (or those recorded) PROGRESS TO THE 100M FINALS.
- 3. 800m event is a timed final. 800m heats have been seeded wherever possible.
- 4. In the event of a tie resulting in a field of more than 8(200m) or 10 (100m) competitors in final, place in heat will determine competitor to proceed to final. If place is equal a draw will take place.

CARNIVAL RESULTS

SCHOOL PLACINGS: 1)..... 2)..... 3).....

BOYS' PLACINGS: 1)..... 2)..... 3).....

GIRLS' PLACINGS: 1)..... 2)..... 3).....

HANDICAP: 1)..... 2)..... 3).....

(Based on Enrolment)

SPORTSMANSHIP: 1).....

Placegetters at the Ryde Zone Athletics Carnival will go on to compete at the SYDNEY NORTH AREA CARNIVAL to be held on Monday 12th September at Sydney Olympic Park Athletics Centre. All competitors who qualify will be given a note and singlet at today's carnival.

1st, 2nd and 3rd in the 8-13 yrs 100m;

1st and 2nd in the Junior, 11 yrs and 12/13 yrs 200m and 800m;

1st and 2nd in the Long Jump, High Jump, Discus and Shot Put; and

1st and 2nd in the Junior and Senior Relays.

PLEASE ENSURE THAT THE AREA ALLOCATED TO YOUR SCHOOL IS LEFT IN IMMACULATE CONDITION.

IT IS THE RESPONSIBILITY OF ALL ATHLETES TO WARM UP AND STRETCH BEFORE EVENTS.

RYDE ZONE P.S.S.A. would like to thank the parents and friends who have helped with the running of this carnival.

ORDER OF EVENTS
9:00AM Tuesday 21st August 2018

9:00 am First Marshalling Call 100m heats,

9.15 am Heats: Age Races

- | | | |
|----------------------|-----------------|----------------------|
| 1. <i>born 2010</i> | 8 yr Boys 100m | 2. 8 yr Girls 100m |
| 3. <i>born 2009</i> | 9 yr Boys 100m | 4. 9 yr Girls 100m |
| 5. <i>born 2008</i> | 10 yr Boys 100m | 6. 10 yr Girls 100m |
| 7. <i>born 2007</i> | 11 yr Boys 100m | 8. 11 yr Girls 100m |
| 9. <i>born 2006</i> | 12 yr Boys 100m | 10. 12 yr Girls 100m |
| 11. <i>born 2005</i> | 13 yr Boys 100m | 12. 13 yr Girls 100m |

800M Timed finals

- | | |
|------------------------|-------------------------|
| 13. <i>Junior Boys</i> | 14. <i>Junior Girls</i> |
| 15. <i>11Yrs Boys</i> | 16. <i>11Yrs Girls</i> |
| 17. <i>Senior Boys</i> | 18. <i>Senior Girls</i> |

Relays 4 x 100m Heats

- | | |
|-----------------------|------------------------|
| 19. Heats Junior Boys | 20. Heats Junior Girls |
| 21. Heats Senior Boys | 22. Heats Senior Girls |

200M Heats

- | | |
|-----------------|------------------|
| 23. Junior Boys | 24. Junior Girls |
| 25. 11Yrs Boys | 26. 11Yrs Girls |
| 27. Senior Boys | 28. Senior Girls |

FINALS

- | | |
|-----------------------|------------------------|
| 29. 8 yr Boys 100m | 30. 8 yr Girls 100m |
| 31. 9 yr Boys 100m | 32. 9 yr Girls 100m |
| 33. 10 yr Boys 100m | 34. 10 yr Girls 100m |
| 35. 11 yr Boys 100m | 36. 11 yr Girls 100m |
| 37. 12 yr Boys 100m | 38. 12 yr Girls 100m |
| 39. 13 yr Boys 100m | 40. 13 yr Girls 100m |
| 41. Junior Boys 200m | 42. Junior Girls 200m |
| 43. 11Yrs Boys 200m | 44. 11Yrs Girls 200m |
| 45. Senior Boys 200m | 46. Senior Girls 200m |
| 47. Junior Boys Relay | 48. Junior Girls Relay |
| 49. Senior Boys Relay | 50. Senior Girls Relay |

3:00 pm

PRESENTATIONS

RYDE P.S.S.A. - RECORDS (COMMENCED 1979)**BOYS RECORDS**

<u>Event</u>	<u>Age</u>	<u>Record</u>	<u>Record Holder</u>	<u>School</u>	<u>Year</u>
Relay	Junior	58.64h		Eastwood	1984
Relay	Senior	54.57h		Boronia Park	2006
100m	8 Yrs	14.95h	Daniel Batchen	Meadowbank	2002
100m	9 Yrs	14.04h	Brodie Mooy	Ermington	1999
100m	10 Yrs	13.43h	Cameron Mitchell	Meadowbank	2000
100m	11 Yrs	13.33h	Clinton McEwan	Truscott Street	2002
100m	12 Yrs	13.13	Andrew Kellaway	Boronia Park	2007
100m	13 Yrs	13.38h	G Dawson	Eastwood	1983
200m	Junior	28.90h	Grant Cremer	Eastwood	1988
200m	11 Yrs	27.05h	Zan Zukucka	Gladesville	1987
200m	Senior	26.45	Andrew Kellaway	Boronia Park	2007
800m	Junior	2.30.00	Toby Dorahy	Denistone East	2017
800m	11 Yrs	2.27.57	Finn Ballard-McBride	Boronia Park	2010
800m	Senior	2.25.03	Finn Ballard-McBride	Boronia Park	2011
Long Jump	Junior	4.45	Rory Barkley	Hunters Hill	2010
Long Jump	11 Yrs	4.59	Leo Griffith	Eastwood	1987
Long Jump	Senior	4.97	Heath Campling	Ermington	1995
High Jump	Junior	1.38	Ben Nogajski	Kent Road	2011
High Jump	11 Yrs	1.57	Michael McDougall	Putney	2002
		1.57	Monty Richards	Eastwood Heights	2002
High Jump	Senior	1.68	Monty Richards	Eastwood Heights	2003
Shot Put	Junior	10.58	Scott Rowell	North Ryde	1987
Shot Put	11 Yrs	11.32	Phillipe Foch	Eastwood	1991
Shot Put	Senior	11.41	P Café	Denistone East	1981
Discus	Junior	29.08	Jett Tall	Denistone East	2012
Discus	11 Yrs	28.49	Ben Plug	Ryde East	2007
Discus	Senior	33.24	Andrew Kellaway	Boronia Park	2007

* h indicates hand timed

RYDE P.S.S.A. - RECORDS (COMMENCED 1979)**GIRLS RECORDS**

<u>Event</u>	<u>Age</u>	<u>Record</u>	<u>Record Holder</u>	<u>School</u>	<u>Year</u>
Relay	Junior	61.25h		Eastwood	1985
Relay	Senior	57.24h		Eastwood	1983
100m	8 Yrs	15.70h	Miriam Ramsay	Ermington	1996
100m	9 Yrs	14.95	Mikayla Mestousis	Ryde	2009
100m	10 Yrs	14.13h	Kate O'Connor	Boronia Park	1994
100m	11 Yrs	13.68h	Miriam Ramsay	Ermington	1999
100m	12 Yrs	13.44h	Lara Clark	Ermington	2005
100m	13 Yrs	13.44h	J Pearson	Eastwood	1987
200m	Junior	30.13h	Lisa Farmer	West Ryde	1993
200m	11 Yrs	28.76h	Lara Clark	Ermington	2004
200m	Senior	27.41h	Lara Clark	Ermington	2005
800m	Junior	2.46.50h	Fiona Mulrooney	Eastwood	1984
800m	11 Yrs	2.38.76h	Tara Vance	Denistone East	2005
800m	Senior	2.34.22h	Tara Vance	Denistone East	2006
Long Jump	Junior	4.11	N Thompson	Kent Road	1979
Long Jump	11 Yrs	4.69	Janet Gault	Putney	1989
Long Jump	Senior	4.70	Karina Longshaw	Eastwood	1983
High Jump	Junior	1.32	Nina Osada Phornsiri	Ryde East	2008
High Jump	11 Yrs	1.47	Nina Osada Phornsiri	Ryde East	2009
High Jump	Senior	1.47	Chelsea Ross	Denistone East	2005
Shot Put	Junior	8.81	Tierra Hausia	Putney	2004
Shot Put	11 Yrs	11.14	Hannah Morgan	Gladesville	2014
Shot Put	Senior	10.57	Aila Sironen	Ryde East	1979
Discus	Junior	27.25	Kavitaa Ranjtkumar	Ryde	2002
Discus	11 Yrs	27.30	Kavitaa Ranjtkumar	Ryde	2003
Discus	Senior	24.12	Mikayla Kelleher	Putney	2017

* h indicates hand timed